



# October 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MENU SUBJECT TO CHANGE</b>	<b>FRESH FRUIT AND VEGGIE BAR SERVED DAILY WITH LUNCH</b>	<b>MILK CHOICES: CHOCOLATE SKIM, 1% AND SKIM</b>				1
2	3 Egg Patty Cheeseburger/bun Baked Chips Baked Beans	4 Pancake on stick  Quesadilla Carrots	5 Breakfast Pizza Chicken Nuggets Fries Broccoli	6 Cereal Mr. Rib Cheesy Potatoes Green Beans Roll	7 Biscuit & Gravy Cheese Pizza Cottage Cheese Corn	8
9	10 Sausage Patty Pulled Pork/bun Baked Chips Baked Beans	11 Cinnamon Toast Popcorn Chicken Fries Carrots	12 Breakfast Pizza Taco (hard or soft shell) Corn	13 Cereal Salisbury Steak Mashed Potatoes Green Beans Roll	14 Cheese Omelet  Nacho Supreme Broccoli	15
16	17 Pancakes Beefburger/bun Baked Chips Baked Beans	18 Donut Corn Dog Fries Carrots	19 Breakfast Pizza Crispitos With cheese sauce Broccoli	20 Cereal Chicken noodles Mashed Potatoes Green Beans Roll	21 Biscuit & Gravy Sausage Pizza Cottage Cheese Corn	22
23	24 Muffins Meatball Sub Baked Chips Baked Beans	25 French Toast Sticks Goulash Breadstick Green Beans	26 Breakfast Pizza Bosco Sticks With Marinara Sauce Carrots	27 Cereal Chili Cinnamon Roll	28 Cheese Omelet  Nacho Supreme Broccoli	29
30	31 Egg Patty Chicken Patty/ bun Baked Chips Baked Beans					"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"